

Classification: UNCLASSIFIED

-----Original Message-----

From: HQ USPACOM J3 [mailto:amhsadmin@hq.pacom.smil.mil]

Sent: Wednesday, February 14, 2018 4:32 PM

To: PACOM JOC NCO

Subject: (U) USPACOM ZIKA VIRUS FORCE HEALTH PROTECTION MESSAGE UPDATE

PAAUZYUW RUICAAA0218 0460230-UUUU--RUICAAA.
ZNR UUUUU ZDH ZUI RUEOMCG0690 0460231
P 150211Z FEB 18
FM HQ USPACOM J3
TO RUEADWD/HQDA SURG GEN WASHINGTON DC
RUIAAAA/CDRUSARPAC FT SHAFTER HI
RUOIAAA/COMPACFLT PEARL HARBOR HI
RUIAAAA/PACAF HICKAM AFB HI
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RUICAAA/JIATF WEST
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RUJCAAA/HQ USNORTHCOM
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RUJBAAA/HQ USSOUTHCOM MIAMI FL
RUEKJCS/JOINT STAFF J3 WASHINGTON DC
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INFO RUEKJCS/JOINT STAFF WASHINGTON DC
RUJDAAA/COMIMARFORPAC
RUICAAA/COMSOCPAC HONOLULU HI
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UNCLASSIFIED
SUBJ/(U) USPACOM ZIKA VIRUS FORCE HEALTH PROTECTION MESSAGE UPDATE
TO HQDA SURG GEN WASHINGTON DC
CDRUSARPAC FT SHAFTER HI
COMPACFLT PEARL HARBOR HI
PACAF HICKAM AFB HI
COMUSKOREA KCCC SEOUL KOR

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HQ USPACOM JOC
KAIS 7AF OSAN AB KOR

SUBJ/(U) USPACOM ZIKA VIRUS FORCE HEALTH PROTECTION MESSAGE UPDATE//
REF/A/DOC/DOD/9OCT2004//DOD DIRECTIVE (DODD) 6200.04, FORCE HEALTH PROTECTION.
REF/B/DOC/DOD/28DEC09//DODD 4500.54E, DOD FOREIGN CLEARANCE PROGRAM.
REF/C/DOC/AFPMB/06NOV15//ARMED FORCES PEST MANAGEMENT BOARD TECHNICAL GUIDE
NUMBER 36, PERSONAL PROTECTIVE MEASURES AGAINST INSECTS AND OTHER ARTHROPODS OF
MILITARY SIGNIFICANCE.
REF/D/USPACOM/MSG/120353Z OCT 17//USPACOM FY 2018 FORCE HEALTH PROTECTION GUIDANCE
FOR USPACOM AOR.
REF/E/DOC/OUSD PR/11MAR16//PERSONNEL OPTION IN RESPONSE TO THE ZIKA VIRUS.
REF/F/DOC/ASBPO/03FEB16//GUIDANCE REGARDING ZIKA, DENGUE AND CHIKUNGUNYA VIRUSES.
REF/G/DOC/ASDHA/05FEB16//ZIKA VIRUS INFORMATION FOR DOD MEDICAL PERSONNEL.
NARR/(U) THIS MESSAGE REPLACES THE PREVIOUS USPACOM ZIKA VIRUS FORCE HEALTH PROTECTION
MESSAGE, DTG 230038Z AUG 16. //

1. THIS MESSAGE IS FOR ALL FORCES LOCATED WITHIN THE USPACOM AREA OF RESPONSIBILITY (AOR).
PER REFERENCES (A) AND (B), SERVICE MEMBERS MUST COMPLY WITH ALL DOD TRAVEL GUIDANCE.
THE CENTERS FOR DISEASE CONTROL AND PREVENTION (CDC) PROVIDES TRAVEL INFORMATION
RELATING TO THE ZIKA VIRUS FOR NUMEROUS COUNTRIES AND TERRITORIES AT [HTTP://\(DOUBLES LASH\) WWWNC.CDC.GOV/TRAVEL/PAGE/ZIKA-TRAVEL-INFORMATION](http://wwwnc.cdc.gov/travel/page/zika-travel-information). THE CDC ISSUED THESE NOTICES DUE
TO ONGOING ZIKA TRANSMISSION AND CONCERN OF SERIOUS BIRTH DEFECTS (I.E., CONGENITAL
MALFORMATIONS) IN SOME UNBORN CHILDREN OF WOMEN INFECTED DURING PREGNANCY.

2. BACKGROUND: ZIKA IS TRANSMITTED TO HUMANS BY THE AEDES SPECIES MOSQUITO WHICH IS
PREVALENT THROUGHOUT TROPICAL AND TEMPERATE REGIONS OF THE WORLD. AEDES MOSQUITOES
MOST OFTEN BITE DURING THE DAY AND ARE THE SAME MOSQUITOES THAT TRANSMITS DENGUE AND
CHIKUNGUNYA. PRIOR TO 2015, ZIKA VIRUS OUTBREAKS OCCURRED IN AREAS OF AFRICA, SOUTHEAST
ASIA, AND THE PACIFIC ISLANDS. ZIKA INFECTIONS HAVE BEEN REPORTED IN TRAVELERS RETURNING
FROM TRAVEL TO AREAS WITH ACTIVE ZIKA VIRUS TRANSMISSION. LOCAL MOSQUITO-BORNE SPREAD
OF ZIKA HAS ALSO BEEN REPORTED IN PARTS OF FLORIDA AND TEXAS.

3. TRANSMISSION AND PREVENTION: MOSQUITO BITES ARE THE PRIMARY WAY THAT ZIKA IS SPREAD. HOWEVER, ZIKA VIRUS CAN BE TRANSMITTED BY BLOOD TRANSFUSION AND THROUGH SEXUAL CONTACT (EVEN IF AN INFECTED PERSON DOES NOT HAVE SYMPTOMS). THERE IS NO VACCINE OR MEDICATION AVAILABLE TO PREVENT ZIKA VIRUS INFECTIONS. THE MOST EFFECTIVE WAY TO PREVENT INFECTION IS TO PRACTICE STRICT MOSQUITO BITE PREVENTIVE MEASURES. PROPER PERSONAL PROTECTIVE MEASURES TO MINIMIZE MOSQUITO BITES CAN BE FOUND IN REF (C) AND AT [HTTP:\(DOUBLES LASH\)WWW.CDC.GOV/ZIKA/PREVENTION/INDEX.HTML](http://www.cdc.gov/zika/prevention/index.html).

4. SYMPTOMS: THE MOST COMMON ZIKA SYMPTOMS ARE FEVER, RASH, HEADACHE, JOINT PAIN, CONJUNCTIVITIS (RED EYES), AND MUSCLE ACHES. HOWEVER, 80% OF INFECTED INDIVIDUALS MAY NEVER DEVELOP SYMPTOMS. FOR THOSE WHO DO EXHIBIT SYMPTOMS, THEY TYPICALLY LAST 2 TO 7 DAYS. PEOPLE USUALLY DON'T GET SICK ENOUGH TO GO TO THE HOSPITAL, AND THEY VERY RARELY DIE OF ZIKA. ZIKA INFECTIONS IN PREGNANT WOMEN ARE ASSOCIATED WITH BRAIN DEFECTS IN THEIR NEWBORNS, KNOWN AS MICROCEPHALY.

5. ZIKA AFFECTED AREAS AND RISK ASSESSMENT: NOT ALL AREAS WITHIN ZIKA AFFECTED COUNTRIES, TO INCLUDE FLORIDA OR TEXAS, ARE EQUALLY AFFECTED. EVALUATION OF THE POTENTIAL ZIKA VIRUS THREAT TO TRAVELERS, DEPLOYED PERSONNEL, SEX PARTNERS, AND THOSE STATIONED IN ZIKA AFFECTED COUNTRIES AND TERRITORIES IS BASED ON THE ZIKA PREVALENCE RELATIVE TO THE LOCATIONS WHERE PERSONNEL LIVE AND WORK. SEE [HTTP:\(DOUBLES LASH\)WWW.CDC.GOV/ZIKA /GEO/INDEX.HTML](http://www.cdc.gov/zika/geo/index.html).

6. COMMANDERS WILL ENSURE SERVICE MEMBERS AND DOD CIVILIANS TRAVELING TO ZIKA AFFECTED AREAS, WHETHER ON DUTY OR IN A LEAVE STATUS, ARE AWARE OF ZIKA TRAVEL INFORMATION (PER PARAGRAPH 1) AND ARE COMPLIANT WITH ALL FORCE HEALTH PROTECTION RECOMMENDATIONS FOUND IN REF (D) INCLUDING USE OF APPROPRIATE PERSONAL PROTECTIVE EQUIPMENT AND OTHER MEASURES TO PREVENT MOSQUITO BITES (SEE [HTTP:\(DOUBLES LASH\)WWW.CDC.GOV/ZIKA/ PREVENTION/PLAN-FOR-TRAVEL.HTML](http://www.cdc.gov/zika/prevention/plan-for-travel.html)). COMMANDERS WILL ADVISE SERVICE MEMBERS AND DOD CIVILIANS TO MAKE THEIR DEPENDENTS AWARE OF THE CDC TRAVEL ADVISORIES. THE FOLLOWING STEPS ARE RECOMMENDED IF TRAVELING TO AN AREA WITH ONGOING ZIKA VIRUS TRANSMISSION, AS WELL AS DENGUE AND MALARIA RISK AREAS:

6.A. SELECT A HOTEL OR LODGING WITH AIR CONDITIONING OR WITH SCREENS ON WINDOWS AND DOORS, IF POSSIBLE.

6.B. SLEEP UNDER A MOSQUITO BED NET IF OUTSIDE OR IF IN A ROOM THAT IS NOT WELL SCREENED.

6.C. COVER EXPOSED SKIN BY WEARING A LONG-SLEEVED SHIRT AND LONG PANTS.

6.D. USE EPA REGISTERED INSECT REPELLENTS CONTAINING DEET, PICARIDIN, OIL OF LEMON EUCALYPTUS (OLE), PARA-MENTHANE-DIOL (PMD), OR IR3535. THESE PRODUCTS ARE SAFE FOR PREGNANT AND BREASTFEEDING WOMEN WHEN USED AS DIRECTED.

6.E. USE PERMETHRIN TREATED CLOTHING AND EQUIPMENT.

7. DOD-ASSOCIATED PERSONNEL WHO ARE PREGNANT SHOULD POSTPONE, OR AT MINIMUM, CONSULT THEIR HEALTHCARE PROVIDER REGARDING THE POTENTIAL RISKS OF ZIKA TRANSMISSION PRIOR TO PERMANENT CHANGE OF STATION, TEMPORARY DUTY, OR PERSONAL TRAVEL TO ZIKA AFFECTED AREAS (SEE [HTTPS:\(DOUBLES LASH\)WWW.NC.CDC.GOV/TRAVEL/PAGE/WORLD-MAP-AREAS-WITH-ZIKA](https://www.ncdc.gov/travel/page/world-map-areas-with-zika)). PREGNANT DOD-ASSOCIATED PERSONNEL RETURNING FROM A ZIKA AFFECTED AREA SHOULD CONSULT THEIR HEALTHCARE PROVIDER REGARDING THE NEED FOR ZIKA SCREENING. COMMANDER APPROVAL OF SERVICE MEMBERS POSTPONING TRAVEL IS MISSION DEPENDENT AND PREGNANCY REMAINS A DEPLOYMENT-LIMITING CONDITION. PREGNANT SERVICE MEMBERS, FAMILY MEMBERS AND DOD CIVILIANS STATIONED WITHIN ZIKA VIRUS AFFECTED AREAS WILL BE COUNSELED ON RISK AND MAY BE OFFERED TEMPORARY VOLUNTARY RELOCATION OPTIONS PER REF (E).

8. WOMEN OF CHILDBEARING AGE WHO ARE SEXUALLY ACTIVE AND CURRENTLY SERVING (OR WILL BE SERVING) IN AN ACTIVE ZIKA TRANSMISSION AREA SHOULD CONTACT THEIR HEALTHCARE PROVIDER TO

RECEIVE COUNSELING REGARDING THE POTENTIAL RISKS OF ZIKA TRANSMISSION AND APPROPRIATE PRECAUTIONARY MEASURES. WOMEN SHOULD CONSIDER USING CONDOMS OR NOT HAVING SEX FOR AT LEAST 8 WEEKS AFTER RETURNING FROM ZIKA AFFECTED AREAS. MEN SHOULD CONSIDER USING CONDOMS OR NOT HAVING SEX FOR AT LEAST 6 MONTHS AFTER RETURNING FROM ZIKA AFFECTED AREAS IAW CDC GUIDELINES AT [HTTPS:\(DOUBLE SLASH\)WWW.CDC.GOV/ZIKA/MEN/INDEX.HTML](https://www.cdc.gov/zika/men/index.html). THE CDC PROVIDES ADDITIONAL GUIDANCE ON SEXUAL TRANSMISSION AND PREVENTION AT [HTTP:\(DOUBLES LASH\)WWW.CDC.GOV/ZIKA/TRANSMISSION/SEXUAL-TRANSMISSION.HTML](http://www.cdc.gov/zika/transmission/sexual-transmission.html).

9. POST-TRAVEL TO ZIKA AFFECTED AREAS: ALL DOD PERSONNEL AND THEIR DEPENDENTS WHO HAVE TRAVELED TO ZIKA AFFECTED AREAS AND SUSPECT THAT THEY MAY HAVE BEEN INFECTED WITH ZIKA VIRUS SHOULD INFORM THEIR HEALTHCARE PROVIDER IMMEDIATELY AND REPORT THEIR TRAVEL HISTORY.

10. BLOOD DONOR SAFETY: THE ARMED SERVICES BLOOD PROGRAM OFFICE HAS REQUESTED ALL SITES IMPLEMENTS A 28-DAY SELF-DEFERRAL FOR DONORS AFTER TRAVEL TO ACTIVE ZIKA TRANSMISSION AREAS, SEE REF (F) AT [HTTPS:\(DOUBLE SLASH\)INFO.HEALTH.MIL/STAFF/COMMS/DOCUMENTS /ZIKA%20COMMUNICATION%20PRODUCTS/ASBPO%20GUIDANCE.PDF](https://info.health.mil/staff/comms/documents/zika%20communication%20products/asbpo%20guidance.pdf). ADDITIONAL BLOOD DONOR SCREENING RESTRICTION RECOMMENDATIONS HAVE BEEN ISSUED BY THE U.S. FOOD AND DRUG ADMINISTRATION AT [HTTP:\(DOUBLES LASH\)WWW.FDA.GOV/DOWNLOADS /BIOLOGICSBLOODVACCINES/GUIDANCECOMPLIANCEREGULATORYINFORMATION/GUIDANCES /TISSUE/UCM488582.PDF](http://www.fda.gov/downloads/biologicsbloodvaccines/guidancecomplianceregulatoryinformation/guidances/tissue/ucm488582.pdf).

11. EVOLVING THREAT: THE ZIKA THREAT CONTINUES TO EVOLVE AND IS PREDICTED TO REMAIN A CONCERN FOR THE FORESEEABLE FUTURE.

12. MEDICAL SPECIFIC POLICY: ASIDE FROM CDC GUIDANCE, ASD/HA PUBLISHED INFORMATION FOR DOD MEDICAL PERSONNEL, SEE REF (G). THE ARMED FORCES HEALTH SURVEILLANCE BRANCH ISSUED REPORTING INSTRUCTIONS: DETECTING AND REPORTING DOD CASES OF ACUTE ZIKA VIRUS DISEASE GUIDANCE, 7 DEC 2016: AVAILABLE ON REQUEST (EMAIL: [DHA.NCR.HEALTH-SURV.LIST.AFHS-IB-ALERT-RESPONSE\(AT\)MAIL.MIL](mailto:DHA.NCR.HEALTH-SURV.LIST.AFHS-IB-ALERT-RESPONSE(AT)MAIL.MIL)).

13. ZIKA LABORATORY TESTING RECOMMENDATIONS CAN BE ACCESSED AT [HTTP:\(DOUBLE SLASH\) WWW.CDC.GOV/ZIKA/HC-PROVIDERS/TESTING-FOR-ZIKAVIRUS.HTML](http://www.cdc.gov/zika/hc-providers/testing-for-zikavirus.html) .

14. THIS MESSAGE MAY BE MODIFIED AS INFORMATION BECOMES AVAILABLE.

15. PUBLIC AFFAIRS GUIDANCE: THE PUBLIC AFFAIRS POSTURE IS RESPONSE TO QUERY. THE CDC HAS THE OVERALL LEAD FOR COMMUNICATIONS REGARDING ZIKA. MEDIA AND GENERAL INQUIRIES ABOUT THIS MESSAGE SHOULD BE DIRECTED TO USPACOM PUBLIC AFFAIRS AT 808-477-1342.

16. (U) SECURITY AND FOREIGN DISCLOSURE

16.A. (U) CLASSIFICATION CHALLENGES. IF AT ANY TIME, ANY OF THE SECURITY CLASSIFICATION GUIDANCE CONTAINED HEREIN IS CHALLENGED, THE ITEMS OF INFORMATION INVOLVED SHALL CONTINUE TO BE PROTECTED AT THE LEVEL PRESCRIBED BY THIS ORDER UNTIL SUCH TIME AS A FINAL DECISION IS MADE ON THE CHALLENGE BY THE APPROPRIATE AUTHORITY. CLASSIFICATION CHALLENGES SHOULD BE ADDRESSED TO THE HQ USPACOM COMMAND SECURITY ADVISORS, (PRIMARY) MS. ZERAN KANAPU, [ZERAN.KANAPU\(AT\)PACOM.SMIL.MIL](mailto:ZERAN.KANAPU(AT)PACOM.SMIL.MIL), (808)477-9326, OR (ALTERNATE) MS. KATHERINE VAN MEERTEN, [KATHERINE.VANMEERTEN\(AT\)NAVY.SMIL.MIL](mailto:KATHERINE.VANMEERTEN(AT)NAVY.SMIL.MIL), (808)477-9699.

16.B. (U) FOREIGN DISCLOSURE AND/OR RELEASABILITY POLICIES WILL BE STRICTLY ADHERED TO AND RESPECTED AS REQUIRED WITHIN OPS PLANNING AND EXECUTION. REQUESTS TO DISCLOSE OR RELEASE ADDITIONAL INFORMATION NOT CONTAINED HEREIN REQUIRES APPROVAL THROUGH THE USPACOM FOREIGN DISCLOSURE OFFICE (FDO). REQUESTS MAY BE SUBMITTED ON THE HQ USPACOM SIPRNET FDO WEBSITE- [HTTP:\(DOUBLES LASH\)PSP-USA.HQ.PACOM.SMIL.MIL/FDO/](http://psp-usa.hq.pacom.smil.mil/fdo/).

17. POC, USPACOM SURGEON OFFICE, [JOC-MED.PACOM\(AT\)NAVY.MIL](mailto:JOC-MED.PACOM(AT)NAVY.MIL); 808-477-7885.//

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Received from AUTODIN 150231Z Feb 18

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